The Relevance of Acupuncture in Hospital-Based Settings in the USA:

A snapshot of 7 Osher Center acupuncture programs

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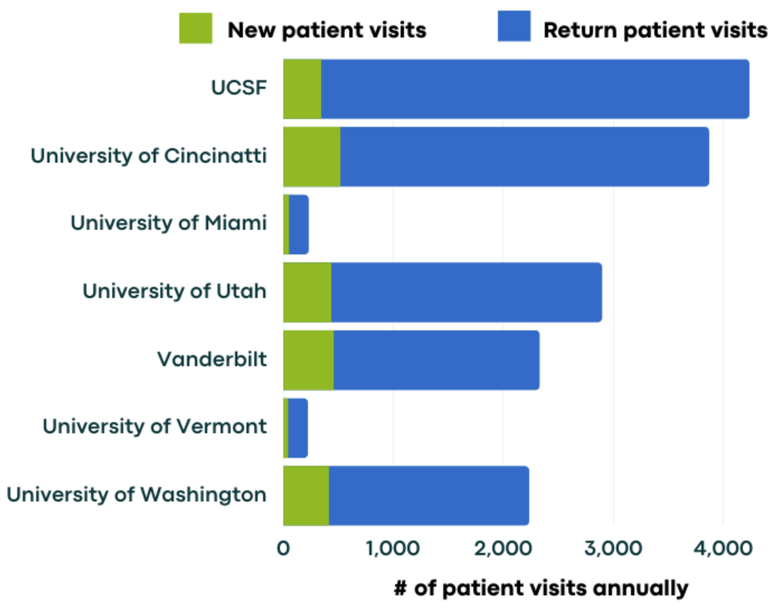
Programs at-a-glance:

Osher Institution	UCSF University of California San Francisco	Vanderbilt University	The University of Utah / Huntsman Cancer Institute	University of Cincinnati	The University of Vermont	University of Washington	Miami
Number of years acupuncture clinic has been operating	21	16	12	11	5	4	<1
Number of acupuncturists	5	1	4	4	3	4	1

Background:

The Osher Collaborative for Integrative Health, a global consortium of 11 institutions, champions innovative, collaborative, and integrative healthcare models including acupuncture programs, represented here by 7 of these US-based Osher institutions. Examining these hospital-based acupuncture programs reveals key insights for optimizing patient care and effectively advancing integrative medicine within major US healthcare facilities.

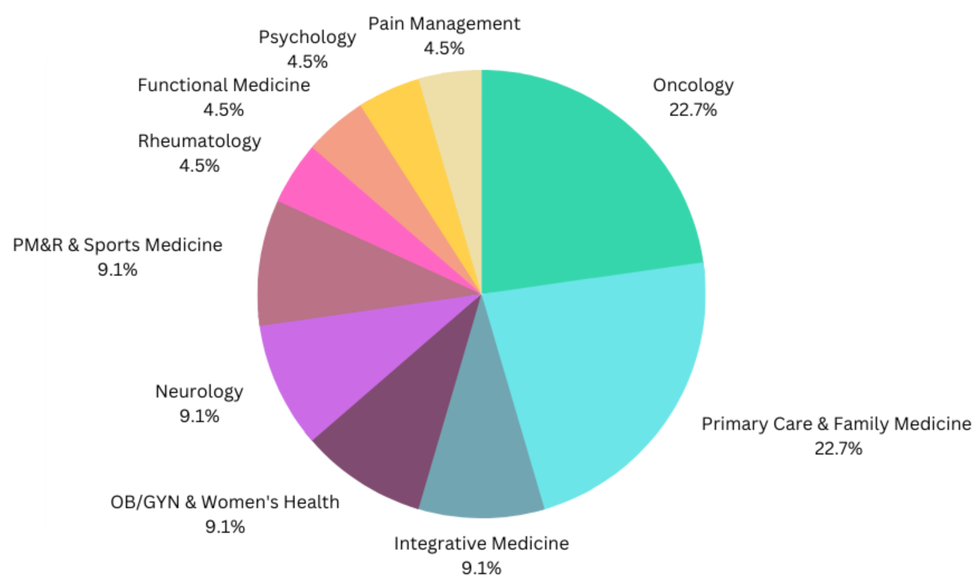
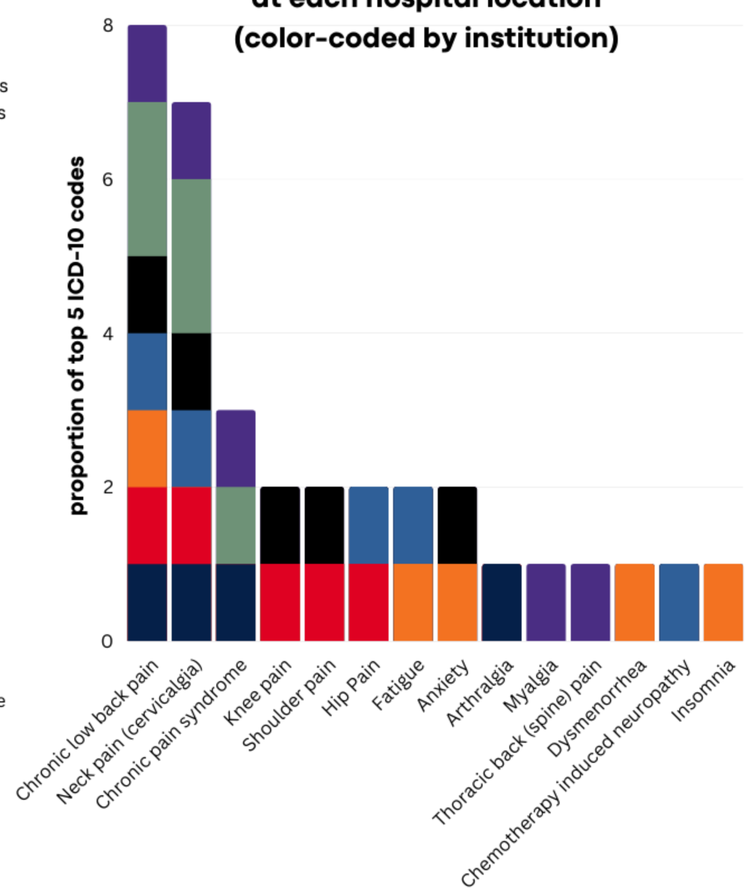
Number of acupuncture treatments annually at each Osher location



Significance:

Our analysis of program data from 7 Osher institutions showed a high level of collaboration between other departments across all Osher hospitals, for a wide range of highly prevalent health concerns. This data suggests that acupuncture programs embedded within hospital systems can be a significant tool to improve patient outcomes and reduce provider burnout as staffing shortages and increased patient volumes become a challenge for healthcare systems across the USA.

Top referring departments across all 7 Osher acupuncture programs



Top ICD-10 codes treated with acupuncture at each hospital location (color-coded by institution)