



2018 INTERNATIONAL CONGRESS ON INTEGRATIVE MEDICINE AND HEALTH

Baltimore, MD, May 8-11

Presentation Type	Title	Authors
Pre-Congress Workshop	Using Health Coaching Skills to Enhance Patient Engagement & Autonomy	Blaire Morriss, ANP ; Mark Dreusicke, MD, San Diego, CA, United States; Ann King, MA, National Board of Medical Examiners, Philadelphia, PA, United States; Linda Manning, PhD ; Ruth Q. Wolever, PhD , Nashville, TN, United States
Pre-Congress Workshop	Developing Your Research Career: NCCIH Training and Career Development Opportunities	Lanay M Mudd, PhD, National Institutes of Health, Bethesda, MD, United States; Ashlee Tipton, PhD; Emmeline Edwards, PhD; Wendy Weber, ND, PhD, MPH, NIH, Bethesda, MD, United States; Wen Chen, Ph.D., NCCIH/NIH, Bethesda, MD, United States; Gloria Yeh, MD, MPH ; Jeffery A Dusek, PhD; John Denninger, MD/PhD, MS; Peter Wayne, PhD , Boston, MA, United States
Symposium Session (#1)	Looking Back, Looking Forward: NCCIH at 20	Emmeline Edwards, PhD; Anita McRae-Williams, MA, NCCIH/NIH, Bethesda, MD, United States; Christine M Goertz, DC, PhD, Palmer College of Chiropractic, Davenport, IA, United States; Margaret A. Chesney, PhD , San Francisco, CA, United States; David Shurtleff, Ph.D., NCCIH/NIH, Bethesda, MD, United States
Symposium Session (#3)	Mindfulness-oriented Approaches to Pain and Opioid Misuse: Mechanistic Considerations and Clinical Applications	David Vago, PhD , Osher Center for Integrative Medicine, Nashville, TN, United States; Eric L Garland, PhD, LCSW, Center on Mindfulness and Integrative Health Intervention Development, Salt Lake City, UT, United States; Fadel Zeidan, PhD, Center For Integrative Medicine, Winston-Salem, NC, United States
Panel (#4)	Role of Acupuncture in Integrative Medicine	Chongbin Zhu, MD, PhD ; Helen Ye, MS, LAc , Sanjay Reddy, MD ; Helene M Langevin, MD ; Melinda Ring, MD , Osher Collaborative for Integrative Medicine, Chicago, IL, United States
Paper Session (#6-1)	Power of a community based organizations and academic health programs working together to deliver integrative medicine: a case study	Rupa Mahadevan, MD ; Melinda Ring, MD, FACP ; Elaine Cheung, PhD , Chicago, IL, United States; Neile Edens, PhD, Common Threads, Chicago, IL, United States; Stephanie Folkens, BA, Chicago, IL, United States
Symposium Session (#1)	Evidence-based nonpharmacologic pain medicine as culture change in practice, education and policy: how do we get there from here?	Heather Tick, MD ; Arya Nielsen, PhD; Samantha Simmons, MPH; Rosanne Sheinberg, MD; Rebecca Schultz, MS, Milwaukee, WI, United States
Symposium Session (#2)	So you want to start a clinical fellowship in Integrative Medicine? Lessons learned from two Osher Centers for Integrative Medicine in developing programs	Melinda Ring, MD, FACP ; Anand Dhruva, MD ; Shelley Adler, PhD ; Nancy Heap, MSW, LCSW , Chicago, IL, United States



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Symposium Session (#3)	Listen to Your Body: a Multidimensional Assessment of Interoceptive Awareness (MAIA) for Mind-Body Research	Wolf E Mehling, MD , San Francisco, CA, United States; Eric Garland, PhD; Adam Hanley, PhD, Center on Mindfulness and Integrative Health Intervention Development, Salt Lake City, UT, United States; Emily Stern, PhD, , New York, NY, United States; Cynthia J. Price, PhD, University of Washington, Seattle, WA, United States
Keynote Session	Connective Tissue: Putting the Body Back Together Again	Helene M Langevin, MD , Osher Collaborative for Integrative Medicine
Symposium Session (#1)	Neuroscience of Compassion: Multi-dimensional Construct and Integrative Health Skill	Poppy Schoenberg, PhD , Osher Center for Integrative Medicine, Nashville, TN, United States; Jonathan Greenberg, PhD, Massachusetts General Hospital , Boston, MA, United States; Yi-Yuan Tang, PhD, Texas Tech University, Lubbock, TX, United States; David Vago, PhD , Osher Center for Integrative Medicine, Nashville, TN, United States
Experiential Session (#4)	Practical Tools for Building Clinician Resilience and Reducing Burnout	Darshan Mehta, MD, MPH ; Michelle L Dossett, MD, PhD, MPH, Massachusetts General Hospital, Boston, MA, United States
Panel (#3)	Changing the Pain Care Paradigm: Essential Actions for Moving Beyond Medications	Margaret A. Chesney, PhD ; Leonard Wisneski, MD, , Denver, CO, United States; Robert Twillman, PhD, AIPM, Lawrence, KS, United States; Alison M. Whitehead, MPH, , Washington, DC, United States; David O'Bryon, JD, Academic Collaborative for Integrative Health, Bethesda, MD, United States
Experiential Session	Do One, Teach One, See One: Flipping the medical learning paradigm from passive to active	Melinda Ring, MD, FACP ; Rupa Mahadevan, MD ; Elaine Cheung, PhD ; Sreela Nambodiri, MD , Chicago, IL, United States
Paper Session (#6-4)	Patients Receiving Integrative Medicine Intervention Efficacy Registry (PRIMIER): A BraveNet practice based research evaluation focusing on a chronic pain cohort.	Jeffery A Dusek, PhD; Donald I Abrams, MD ; M. Diane McKee, MD; Rowena Dolor, MD; Ben E Kligler, MD, MPH, New York City, NY, United States
Symposium Session (#3)	Is Mindfulness Immeasurable? Discovery and Dialogue of Conceptual, Practical, Scientific, and Experiential Solutions	David Victorson, PhD ; Carol Greco, PhD, , Pittsburgh, PA, United States; Eric Garland, PhD; Adam Hanley, PhD, Center on Mindfulness and Integrative Health Intervention Development, Salt Lake City, UT, United States
Panel (#3)	Culinary Medicine: Lessons learned from implementing curricula across the country	Amy Locke, MD; Sonia Oyola, MD; Geeta Maker-Clark, MD; Misha Kogan, MD; Seema Kakar, MD; Rupa Mahadevan, MD , Chicago, IL, United States; Melinda Ring, MD , Osher Collaborative for Integrative Medicine, Chicago, IL, United States



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Symposium Session (#4)	Impact of mind body programs on dietary behaviors and attitudes	Sara Lazar, PhD; Ruth Q. Wolever, PhD ; Carl Fulwiler, MD PhD
Keynote Session	Bringing the Body Back into Mind-body Research	Peter Wayne, PhD , Osher Collaborative for Integrative Medicine
Poster	Acupuncture as Adjuvant Therapy for the Management of Cervical Dystonia	Danny Bega, MD, MSCI; Kelley Park, BA; Ania Grimone, L.Ac, CH ; Fang Lin, L.Ac; Melinda Ring, MD, FACP
Poster	Clinical hypnosis with graded exposure to feared foods in the treatment of dysphagia: A case study	Danielle Dorn, Lindsey McKernan, PhD
Poster	Cooking Up Health: Assessing the Efficacy of a Culinary Medicine Elective in Medical Students	Elaine Cheung, PhD; Melinda Ring, MD, FACP; Rupa Mahadevan, MD ; Neilé Edens, PhD; Stephanie Folkens, BA
Poster	Developing Competencies for Hospital Based Massage Therapy	Dale Healey, DC, PhD; MK Brennan MS, RN, LMBT; Carolyn Tague, MA, CMT , Beth Rosenthal PhD, MBA, MPH
Poster	Effect of a 5-Day Ketogenic Diet on Chemotherapy Side Effects, A Case Series Report	Carla Kuon, MD, Anand Dhruva, MD
Poster	Effectiveness of a Mind-Body and Peer Support Program for Teens Living with Chronic Illness and their Parents: A Pilot Study	Brittany Blockman, MD, MA , Michael Acree, PhD, David Becker, MD, MPH , Judith Moskowitz, PhD, MPH , Audrey Nichols, Arielle White, MD, Megan Winkelman, Frederick M Hecht, MD
Poster	Effects of mindfulness and acceptance interventions on affect tolerance and sensitivity: A systematic review of randomized controlled trials	Kristen Kraemer, PhD, Christina Luberto, PhD, Gloria Yeh, MD, MPH
Poster	Exploring mechanisms of tai chi for improving quality of life and depression symptoms in heart failure patients	Luberto, C. M., Wayne, P., & Yeh, G. Y.
Poster	Genetic Risk Testing and Integrative Health Coaching for CHD and T2D Prevention: An RCT to Improve Health Behaviors in the Air Force	Wolever, R.Q. , Yang, Q., Chang, J., Armitage, N.H., Maldonado, C.J., Musty, M., Rakhra-Burris, T., Liotcheva, V., Scott, W.M.
Poster	Impact of post-operative acupuncture on pain, nausea, mood, and medical outcomes in patients undergoing valve surgery: Design and lessons learned from the ACU-HEART pilot trial	Kim Feingold, PhD; Judith T Moskowitz, PhD ; Ruchi Patel, BME; Ania Grimone, LAc, CH; Fang Lin, LAc; Tatyana Shafiro, LAc ; Charles Davidson, MD; Patrick McCarthy, MD, Melinda Ring, MD
Poster	Indirect effects of mindfulness on empathic concern and perspective taking through emotional awareness.	Luberto, C. M. , O'Bryan, E. M., Quaglia, J. T., & McLeish, A. C
Poster	Integrative Clinical Hypnosis and Massage Therapy in treatment-refractory CRPS-I	Taylor Koval, NMT, DT, CT; Lindsey McKernan, PhD , Nashville, TN, United States
Poster	Integrative Psychiatry Curriculum for Psychiatry Residents	Stefana Morgan, MD; Ning Zhou, MD; Selena Chan, DO; Sudha Prathikanti, MD
Poster	Integrative Psychiatry Curriculum for Psychiatry Residents	Elizabeth L. Addington, PhD , Judy Guitelman, Bruriah Horowitz, Carly Maletich, David Victorson, PhD



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Poster	Mind-Body Interventions for Fear of Cancer Recurrence: A Systematic Review and Meta-Analysis	Daniel Hall, PhD
Poster	Modified dialectical behavior therapy skills training for emotion dysregulation: a naturalistic practice-based research study in a hospital setting	Luberto, C. M. , Wilner, J.G., Magidson, J.F., DeSouza, J., Jacobo, M., & Harley, R.
Poster	The Multidimensional Assessment of Interoceptive Awareness (MAIA) questionnaire: benefits, shortcomings, controversies	Wolf E Mehling, MD
Poster	National Board Certification for Health and Wellness Coaching: Updates & Outcomes in a Pioneering Field for Healthcare Transformation	Wolever, R.Q. , Lawson, K., Jordan, M., Subhiyah, R., Schultz, C., & Moore, M.
Poster	On Field Intervention for Fear and Anxiety Secondary to Earthquake Disaster: The Mexico City Experience	Leon Morales-Quezada, MD , Diana Martinez, MD, Gloria Yeh, MD, MPH
Poster	A Randomized Trial of a Group-Based Therapeutic Yoga Program for Urinary Incontinence in Older Ambulatory Women	Margaret A. Chesney, PhD ; Alison Huang, M.D., University of California San Francisco, CA, United States; Amy Hsu, MD, Palo Alto Medical Foundation, Palo Alto, CA, United States; Michael Schembri, BS; Nadra E. Lisha, PhD; Leslee Subak, MD, Stanford University, Palo Alto, CA, United States
Poster	Symptoms and treatment preferences for managing distress among ACS patients: Interests in mindfulness and electronic health approaches	Luberto, C. M. , Yeh, G. Y., Celano, C., Huffman, J. C., & Park, E. R.